

УРОК № 59 ПО ТЕМЕ “ ТРАДИЦИИ ПИТАНИЯ ”

РАЗРАБОТКА ДЛЯ СТУДЕНТОВ ГРУПП СПО

ПРЕПОДАВАТЕЛЬ АНГЛИЙСКОГО ЯЗЫКА ЯКОВЛЕВА АННА АЛЕКСЕЕВНА

The English proverb says:

“Every cook praises his own broth”.

One can not say English cookery is bad, but there is not a lot of variety in it in comparison with Europe cuisine. The English are very particular about their meal.



The usual meals in England are:

- **Breakfast** - between 7 a.m. and 9 a.m.
- **Lunch** - between 12:00 and 1:30 p.m.
- **Afternoon tea** – between 3 p.m. and 5 p.m.
- **Dinner (supper)** - between 6 p.m. and 8 p.m.



The Traditional English Breakfast



Traditionally, people in Britain have enjoyed a substantial hot meal for breakfast, featuring eggs, bacon, and sausage, accompanied by toast and tea or coffee. Many other items (grilled or fried tomatoes, baked beans, fried sliced bread, fried potato and mushrooms) may be included depending on taste and location.

The traditional English breakfast is called the 'Full English' and sometimes referred to as 'The Full English Fry-up'.





But the **packed lunch** is the most common thing to eat. A packed lunch normally consists of some sandwiches, a packet of crisps, an apple and a can of something to drink, for example, coca-cola. The contents are kept in a plastic container and you take it with you when you go to school or work.

Many people eat *lunch* while at work or school. Employers and schools usually provide a lunch break in the middle of the day, lasting as much as an hour. Some factories and schools have canteens where you can eat.



Tea is very popular among the English; it may almost be called their national drink. The English like it strong and fresh made. The English put one teaspoon of tea for each person. Tea means two things. **It is a drink and a meal.**



Traditionally, loose tea would be served in a teapot with milk and sugar. This would be accompanied by various sandwiches and usually cakes and pastries. The food would be often served in a tiered stand.



Dinner – the evening meal – is the biggest and the main meal of the day. It begins with soup.

The most typical thing to eat for dinner is "meat and two vegs". This consists of a piece of meat accompanied by two different boiled vegetables. One of the vegetables is almost always potatoes. The British eat a lot of potatoes.



Take away food. (Eat out food)



Take-away meals became very popular and most towns have a selection of Indian, Italian, Chinese and Greek Restaurants. You will also find MacDonald's, Burger King and Subway.

Answer some questions

- 1. What food is the most popular in Great Britain?**
- 2. How many times a day do British people eat?**
- 3. What are the mealtimes called?**
- 4. What do British people eat for breakfast?**
- 5. What is the most common lunch in Britain?**

Lesson Vocabulary

To praise	хвалить
broth	бульон
cookery	кулинария
variety	разнообразие
comparison	сравнение
particular	особенный
Packed lunch	упакованный ланч
Full English fry-up	Английский фритюр
teaspoon	Чайная ложечка
Teapot	чайник
fresh made	свежий
Tiered stand	Многоуровневый поднос
Take away food	Еда на вынос
common	общий

HOME TASK:

You need to prepare plan of the retelling of the text
“British meals”.

THANK YOU FOR YOUR ATTENTION!

Good-bye!!!